



Fourth Sunday of Lent • Laetare Sunday

A long story like the one we have today provides many different points of entry for prayer. Read the story and stay with what resonates with you. Some possible points of entry are:

1. The blind man was healed. Can you recall occasions when some blindness of yours was taken away and you could see in a new way? What was that experience like for you.
2. The Pharisees claimed to be the ones who could see, who knew where

God was to be found, when in fact they were blind. It was the man born blind who showed himself open to seeing the hand of God at work in what happened. There can be some of each attitude in us. What has helped you to be open to seeing the hand of God at work in your life? Who have been the Jesus people who have led you to this point?

3. There are many characters in the story: Jesus, the blind beggar, the disciples, the neighbours, the blind man's parents, and the Pharisees. Put yourself in the position of each one and see what you learn from identifying with them.

Spiritual Communion

The tradition of Spiritual Communion, whereby those who cannot directly receive the Eucharist, can by their desire to receive it, also gain its benefits. Although unable to receive the Eucharist in person we are not separated from it, but drawn into a deeper appreciation and desire for its graces, which continue to be poured out to each of us.

"My Jesus, I believe that You are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You have already come, and unite myself wholly to You. Never permit me to be separated from You. Amen". Saint Francis.

Memorare Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer. Amen

St. Ronan's Lotto: There was no winner of the Lotto jackpot when the draw was held last weekend. The numbers drawn were 2, 6, 14 and 26. Consolation prizes were won by the following €70 John O'Connor, Ballyfarnon, €30 Charlene McCawley, Geevagh, €20 each JR & Mags, Arigna, Vincent McDonagh, Boyle, Theresa Duignan, Ballyfarnon. The jackpot this week will be €6,500 and the draw will take place on Sunday evening.

Mass without a congregation will be celebrated in the Parish on Saturday night 7p.m. in Ballyfarnon and on Sunday in Keadue at 11.30a.m. Weekday Masses @ 10a.m Monday; Ballyfarnon. Tuesday & Wednesday Keadue. Thursday & Friday in Ballyfarnon. Unfortunately its not possible to relay Mass from Arigna at present. We will be looking at other options for Arigna.

Mass Broadcasts. Mass will be available by webcam at St. Mel's Cathedral www.longfordparish.com each day— 8am, 10am, 1.05pm weekday 7.30pm Saturday; 8am, 10am, 11.30am and 1.00 pm Sundays. RTE will air Masses every weekday at 10.30am from St. Eunan's and St. Columba's Cathedral, Letterkenny on RTE News Now which can be accessed on Saorview (channel 21), Sky (521), Virgin Media (200), Eir (517). RADIO MARIA IRELAND is an Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free – Listen via TV on Saorview - Channel 210 and Freeview - Channel 826; Download our FREE APP - "RADIO MARIA IRELAND", streaming on www.radiomaria.ie Arigna and Keadue, Churches will be open everyday. Exposition of the Blessed Sacrament on Mondays 9a.m to 1p.m. Unfortunately Ballyfarnon will remain closed until further notice.

Anniversary Masses that have been booked for the next weeks have been deferred and can be rebooked at a later date, if and when the situation changes.

Mass on Line

On Line Church Services
Visit St Mel's Cathedral Longford at
<https://www.churchservices.tv/stmelscathedral>

Rest in Peace †

Seán Regan, Mulrog House,
Ballinderreen, Co. Galway, formerly
Kilronan,.

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at anytime to view schedule and
find live Church Ceremonies online

Rte